



EDUCATION CLASS REGISTRATION

Please print, complete, and mail this form, along with your check (payable to Southern Maine Medical Center) to:
The Birthing Suite, One Medical Center Drive, Biddeford, ME 04005

PERSONAL INFORMATION

Mother's Name:

Mailing Address:

Email Address:

City:

State:

ZIP Code:

Home Phone:

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Cell Phone:

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Work Phone:

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Birth Partner (person attending with you):

Doctor:

Due Date:

CLASS LISTING

Please check classes you'd like to attend (fees are per couple, unless otherwise noted):

Postpartum & Baby Care **Free**

Prenatal Exercise **\$5.00**
(medical waiver required)

Childbirth Preparation - Lamaze
(4-week series) **\$75.00**

Infant Safety & CPR
\$25/couple, \$15/person

Breastfeeding Class **\$25.00**

Childbirth Preparation - Lamaze
(1-day program) **\$75.00**

Sibling Education **Free**

Car Seat Information **Free**

Postpartum Depression Support Group **Free**

PAYMENT & CONFIRMATION

You should receive your payment receipt and confirmation letter - including dates, times and location of classes - within one week after we receive your registration form and payment. Please note that the registration deadline is two weeks prior to the scheduled class - Dates and times are posted on the web at www.smmc.org/education/childbirth.php. Every effort will be made to meet your scheduling needs, however, classes are filled on a first-come, first-serve basis and in correlation with your due date. If a scheduling change becomes necessary, please call the Birthing Suite at (207) **283-7350**, or email us at wis.rjs@smmc.org.