SMMC's Weight Loss Surgery Program

Scott lost 270 pounds and gained his life back.

After Weight Loss Surgery

Scott Nielsen's doctor told him that if he didn't lose weight, he wouldn't live to see 40. At 34 he weighed 480 pounds and his joints couldn't support him anymore. After five knee surgeries in four years, Scott knew he had to try something other than the diets that just never worked. He turned to the team at **SMMC's Weight Loss Surgery Program**. After extensive behavioral and nutritional counseling, Scott underwent gastric bypass surgery in March of 2007. He has since lost more than 270 pounds and gained his life back.

Scott's results inspired his mother and his sister to enter our program. Together they have lost more than 557 pounds. To read about their remarkable story, visit **smmc.org/nielsens**

If you struggle with morbid obesity (100 pounds over the ideal weight for your size), we can help.

Before Weight Loss Surgery

WE CAN HELP!
FREE WEIGHT LOSS SURGERY sessions
Second Wednesday of every month at 6 pm. SMMC classrooms.
Call **207-283-7987**

Southern Maine Medical Center
MaineHealth

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www.smmc.org