



One Medical Center Drive  
P.O. Box 626  
Biddeford, ME 04005-0626  
(207) 283-7000

## ESWL – Post-Operative Orders

- Admit to: ACU
- VS: Every 15 minutes until stable then every hour
- Activity: As tolerated
- I&O: Strain urine for stone fragments. Send fragments to lab for analysis
- Diet: Clear liquids when awake and alert. Advance as tolerated
- IVF: LR @ \_\_\_\_\_ ml/hr. D/C IV when tolerating diet
- Medication: Phenergan 25mg \_\_\_\_\_ every \_\_\_\_\_ hr prn nausea  
Morphine \_\_\_\_\_ mg \_\_\_\_\_ every \_\_\_\_\_ hr prn pain  
Zophran 4mg IV every 6 hr prn nausea if Phenergan not effective  
Oxycodone/APAP 1 or 2 PO every 3 hr prn pain  
Tylenol 500mg PO every 4 hr prn T > 101, HA, pain  
Furosemide \_\_\_\_\_ mg IV x 1
- XRAY: KUB "Post ESWL"  
Renal U/S "Post ESWL"
- Labs: Hgb/Hct in ACU

Discharge when awake and alert with urinary strainer

### Follow up Appointment:

Please call office next week for follow up appointment in \_\_\_\_\_ weeks with  
\_\_\_\_\_ Dr. Hirschhorn \_\_\_\_\_ Dr. Noble \_\_\_\_\_ Dr. Winter

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_