Diabetes Referral Form
(DSMT and MNT services)

SMMC Visiting nurses

_____

_____
Last Name First Name Middle Int

_____
Address DOB

_____
Town Zip Home phone / Other phone

Insurance:

Policy #:

Subscriber #:
Social Security #:

Diabetes Self-Management Training (DSMT) and Medical Nutrition Therapy (MNT) are individual and complementary services used to improve diabetes care. Both services can be ordered in the same year. Research indicates MNT combined with DSMT improves outcomes.

Diagnosis:

☐ Type 1 Controlled ☐ Type 1 Uncontrolled
☐ Type 2 Controlled ☐ Type 2 Uncontrolled
☐ Gestational Diabetes
☐ Other: _____

Complications/Comorbidities:

☐ Hypertension ☐ Dyslipidemia ☐ Stroke
☐ Neuropathy ☐ PVD ☐ Nephropathy
☐ Renal Disease ☐ Retinopathy ☐ CHD
☐ Non Healing Wound ☐ Pregnancy
☐ Mental/Affective Disorder ☐ Obesity
☐ Other: _____

Physicians Issues / Concerns:

_____

_____

Patients Last Values: **Date: _____**

A1C _____ LDL _____ HDL _____
Chol _____ Trig _____ Other _____
(evidence based reference value: A1C<7.0
B/P<130/80 LDL<100mg/dL)

Diabetes Medication:
(Specify type, dose, frequency):
Oral: Insulin:

Physician's Name: _____

Physician's Signature: _____

UPIN# _____ Date: _____
Must be signed by physician or qualified non-physician

Diabetes Self Management Training:

☐ Initial Training(10 hours)

☐ Follow-up training (after DSMT completion)

☐ Pre-diabetes Class

Medical Nutrition Therapy (MNT):
(Calendar Year) Provided by a Registered Dietitian

☐ Initial MNT (3Hours)

☐ Annual Follow-up MNT (2 hours next calendar year)

☐ Additional MNT services in the same calendar year (Please specify change in medical condition and additional hours) _____

_____

_____

Patient has special needs to receive individual instruction (check all special needs that apply)

☐ Vision ☐ Hearing

☐ Language Limitations

☐ Physical ☐ Cognitive Impairment

☐ No group training scheduled within 2 months

☐ Other: _____

_____

_____

Return by Fax to: Deb Dumoulin, RN, RD
Diabetes Education Program
Fax: (207) 294-8601
Phone: (207) 985-1000

Rev: 4/08